

## Tinnitus Screening Clinic

Thank you for your interest in the Tinnitus Screening Clinic. In order for you to participate, we require that you complete the “Tinnitus Assessment Package” (TAP) where you will find questionnaires that will assist us in establishing an individualized tinnitus management plan designed for your particular needs.

It is our belief that tinnitus patients are best served by a comprehensive, multidisciplinary approach that acknowledges the neurological, audiological and psychological aspects of tinnitus. It is important to recognize that the management programs offered here are designed to assist you in developing strategies to best manage the way that tinnitus and associated symptoms are impacting your life; emotionally, cognitively, occupationally, socially, physically and spiritually.

Research has demonstrated that these approaches can indeed assist you in reclaiming quality of life<sup>1</sup> even if the sound of tinnitus may not change. Our multidisciplinary approach to providing excellence in patient care requires your commitment and active participation in the programs being offered so that you can experience maximum success. The strength of the team is reflected by all of the parts; and YOU are an integral part of your own care.

We request that all tinnitus patients being seen in this clinic have had an evaluation by an audiologist within the last year. Please **bring your most recent audiogram** in addition to any other medical reports related to your hearing and tinnitus. In order to create a personalized tinnitus management program, we ask that you complete and print all forms within the **Tinnitus Assessment Package (TAP)**. **The cost of the Tinnitus Screening Clinic is \$50\*, payable by clicking on the form below. Once you have paid, you will receive access to the TAP materials.**

The dates for the Tinnitus Screening Clinic are determined on a need basis. Please bring all completed materials to Academy Hearing Centre, located in Brentwood Village Mall (3630 Brentwood Road, NW). For out of town requests the location would be announced.

You may write an email or call the office to book a 30 minute time slot between 9am and 5pm. You are asked to arrive **30 minutes** prior to your scheduled appointment time so that we may review your questionnaires prior to meeting with you. The Audiologist and Psychologist will review the findings from your questionnaires with you and recommend an individualized management plan.

During your appointment, the goal would be for you to receive details about the specialty programs and options available for you to implement your personalized management plan.

*Alberta Health & Wellness does NOT cover the cost of programs that fall outside of medical/surgical intervention. You MAY have extended medical coverage through your employer that covers a portion of the cost of prescription medication and audiological devices. You must consult with your insurance carrier to ensure you know what is covered versus what will be a private fee for services. Insurance typically does NOT cover the specialty programs that have been created for tinnitus management.*

*Thank you for your participation in the Tinnitus Screening Clinic. You have taken an important step toward successfully managing the tinnitus, and improving your quality of life.*

*Deborah R. Lain, MSc, Registered Psychologist  
Tinnitus Health Specialist*

*Suzanne MacLaren, MA, Registered Audiologist  
Tinnitus Education & Resource Specialist*

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<sup>i</sup> Cochrane Database Review 2010

\*Cost of \$50 for Tinnitus Screening Clinic can be put toward \$50 off the registration fee for the two day Tinnitus Management Workshop